

Helena Hafsteinsdóttir

Email : helenahaffa04@gmail.com

Phone: 6941297

Website: Helenahafstein.com

TV

Venjulegt Fólk s. 6	SMINKA	Fannar Sveinsson
Kostningasjónvarp RUV	Actress	Alda Valentína Rós Hafsteinsdóttir

FILMS

Iceland Anomaly	Gallup Narrator	Kristjan Torr
Hadriana	Hadriana	Rebekka Rut og Páll Stefán
LUCID	Hildur	Jón Bjarni Sindrason
Órar	Ragnheiður	Alda Valentína Rós Hafsteinsdóttir
Good Mourning	Hilda	India Altschul
Þráðlaus	Leikkona	Svava Lovísa and Aron Steinn
Silent Soiree	Jane Doe	Marc Victoria
Retrograde	Denise	Allee Stone
Rules	Katherine	Tyler Townsend
Behind the Door	Nadine	Tessa Schutz

THEATRE

Iceland

Götuleikhús Hins Hússins	Actress	Hitt Húsið/ Jón Gunnar
Lion King	Ensemble	Hagaskóli/Sigga Soffía

Los Angeles

CD Christmas	Mrs. Claus	Z.J.U/ Brandon Slezak
The Cover of Life	Tood	The Theatre/ Mary Bleier
Macbeth	Hecate	Loft Ensemble/ Bree Pavey
Grease	Sandy	Academy Theatre/ Perry Hart
Church Discipline	Lucy	Z.J.U Theatre/ Brandon Slezak
Heart of the City	Lynn	The Theatre/ Tara Brown

PRODUCTION AND SCRIPTWRITING

Órar (post-prod)	Writer and producer	Alda Valentína Rós Hafsteinsdóttir
Stay For Me	Writer and producer	Júlíana Kristín Liboríuos
Lofa Veit Betur	Writer and producer	Leikstjórn eftir mig
Good Mourning	Production	India Altschul
Duld (pre-prod)	Writer and producer	Bríet Ósk Kristjánsdóttir

EDUCATION AND COURSES

Diploma from The American Academy of Dramatic Arts.

Acting: (Meisner, Hagen, Chekov): MH (3 courses) Diana Brown, Michelle Gossett, Ben Martin, Þorsteinn Bachmann

Improv: Mary Bleier, Karen Hensel, Abel Arias, Improv Ísland
Camera acting: Scott Reiniger, Tyler Townsend.